ER and PI3K Independently Modulate Endocrine Resistance in ER-Positive Breast Cancer

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Summary: Endocrine therapy–resistant estrogen receptor–positive (ER+) breast cancer is the most common cause of breast cancer death. Miller and colleagues demonstrate that ligand-independent ER activity promotes the growth of breast cancer cells through CDK4/E2F. As an independent event, the phosphatidylinositol 3-kinase (PI3K) pathway is also upregulated in endocrine therapy-resistant cells. Promising preclinical evidence by several groups for the combination of an inhibitor of ligand-independent ER, fulvestrant, with PI3K inhibition, has led to the activation of trials evaluating this concept. Cancer Discovery; 1(4):287–8. © 2011 AACR.

Commentary on Miller et al., p. 338(3).

Estrogen receptor-positive (ER+)/HER2-negative (HER-) breast cancer is the most prevalent subtype and therefore most frequent cause of breast cancer death. While endocrine therapy improves the outcome for all stages of the disease, prognosis is poor once therapy resistance develops. A major translational research goal is, therefore, to fully understand the mechanisms through which endocrine therapy resistance occurs so that effective interventions can be identified. One of the more poorly understood aspects of endocrine therapy resistance is ligand-independent ER activation. When this event occurs, the most common therapeutic approach, aromatase inhibition (AI) or other estrogen-deprivation therapies, become ineffective. However, the ER destabilizing drug fulvestrant is modestly effective in this setting, particularly if adequate doses are used, providing clinical evidence that tumors can still depend on ER for growth even when tumors are apparently not estrogen-driven (1). While a number of investigators have focused on how ER becomes active in a ligand-independent manner through activation of growth factor signaling (2), relatively few have studied the signaling events distal to ER itself—a critical question from the perspective of therapeutic interventions.

In this issue of Cancer Discovery, Miller and colleagues (3) used fulvestrant as a probe to identify genes that are activated by ligand-independent ER in cell lines that had been selected in vitro to grow in estrogen-depleted medium [long-term estrogen deprived (LTED)]. They subsequently performed ChIP-seq to map the promoter elements associated with the fulvestrant modulated genes. By focusing on ER binding sites within 60 kb of transcriptional start sites, they were able to confirm the identity of a number of targets for positive transcriptional regulation. Interestingly, they found that only about half of the ER binding regions were previously mapped canonical proximal estrogen response elements. Further transcriptional network analysis identified that 12 of the top 20 genes in the analysis harbored E2F binding sites within 2 kb of the transcription start site. To provide further evidence for the role of these E2F-regulated genes, they examined 68 patient samples from a neoadjuvant AI clinical trial and found that an E2F gene expression signature was associated with higher levels of the proliferation marker Ki67 in the AI-treated samples—thereby strengthening the association between the E2F pathway and estrogen-independent ER activation. This is a critical experiment because high levels of Ki67 in ER+ tumor samples despite treatment with an AI is a reliable predictor of poor outcome (4). A kinome small interfering RNA (siRNA) library screen in ER+ breast cancer cells selected in vitro to grow without estradiol suggested one proximal mediator of ligand-independent ER-mediated growth was CDK4—consistent with the conclusion that E2F activation is a pivotal downstream event. Thus one can envisage a relationship between ER and CDK4-regulated E2F outlined in Figure 1.

Although the experiments by Miller and colleagues (3) are quite compelling, E2F activation is not the only signaling aberration in ligand-independent ER+ breast cancer cells. The phosphatidylinositol 3-kinase (PI3K) pathway also becomes hyperactivated upon the development of resistance to estrogen deprivation (5, 6). Consistent with these pathways being independent events, PI3K inhibition did not alter ER-DNA binding and, conversely, fulvestrant did not alter phosphorylated AKT levels. Using immunocompromised mice bearing ER+ LTED tumor xenografts, they demonstrated that both PI3K inhibition and fulvestrant delay tumor growth but in combination these inhibitors induce near-complete tumor regression. This finding is consistent with the previously described synthetic lethal effect of combined ER and PI3K inhibition (7) and the finding fulvestrant sensitizes several LTED cell lines to the apoptotic effects of PI3K pathway targeting agents operating at the level of mTOR, PI3K catalytic activity, or both (8).

A number of factors complicate clinical application of the therapeutic principles proposed by Miller and colleagues (3). First, is the heterogeneity of ER+ breast cancers:
the models they study may represent biology that is unusual (i.e., in reality many tumors may not respond this way). The collection of cell lines used to model ERβ breast cancer is, after all, remarkably limited given how common this disease is. Many factors may ultimately determine the efficacy of fulvestrant PI3K inhibitor combination therapy—loss of ER, which is associated with pan-endocrine therapy resistance, lack of PI3K inhibitor-sensitizing mutations, and activation of other pathways are the obvious possibilities. Another very curious feature of ERβ tumors exhibiting ligand independence is that estradiol can paradoxically induce tumor regression. Indeed, a recent report on the therapeutic effects of low-dose estradiol for the treatment of AI-resistant breast cancer is worth considering in light of the mechanism under discussion (9). Could raising the estradiol levels to premenopausal levels somehow perturb the LTED mechanism described by Miller and colleagues (3) through feedback suppression of E2F and/or PI3K, thereby restoring the ligand-dependent ER transcriptional pathway? After all, the very cell line they studied most intensely—LTED MCF7 cells—is highly sensitive to estradiol induced cell death (10, 11).

A search of ClinicalTrials.gov reveals that multiple trials of various combinations of endocrine agents, PI3K inhibitors, and CDK4 inhibitors are under way. However, these investigations would be greatly enhanced by knowledge of the individual genomes in question. Within the next year most of the recurrent somatic mutations in ERβ/HER2 breast cancer will have been identified by “Next Gen” sequencing. Application of this knowledge is, in the authors’ view, likely to generate a much clearer understanding of the tumors where these combinations will be effective. Given the model outlined in Figure 1, it will be interesting to examine copy number aberrations and somatic mutations in E2F targets, Rb, CDK4 regulators, and in genes serving the PI3K pathway as potential modulators of drug efficacy. We should not be reticent about asking patients for metastatic disease biopsies and for consent for genomic analysis and data sharing in these studies, as therein we suspect will be found many of the answers to the complex puzzle of how these agents should be developed.

Disclosure of Potential Conflicts of Interest

M.J. Ellis reports consulting income from Pfizer, Novartis, and AstraZeneca. No potential conflicts of interest were disclosed by the other authors.

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